

Gold Standard Facial Acupuncture™ Certification Program



The Wakefield Technique™

**Two-year international
certification program
that sets the standard
for professional
training in facial
acupuncture.**

BEGINS APRIL 2012

Presented by
Northwestern Health
Sciences University and
the Chi-Akra Center



Northwestern
Health Sciences University

Office of Continuing Education



Mary Elizabeth Wakefield, L.Ac., M.S.M.M.

Mary Elizabeth Wakefield, AAAOM Educator of the Year, is an internationally recognized author, professor at Pacific College of Oriental Medicine, lecturer, Oriental medicine practitioner and musician. She is a creator of innovative treatment protocols. She is credited with being a leading proponent of facial renewal techniques and has contributed significantly to raising awareness of facial acupuncture as a viable, holistic treatment modality. Wakefield maintains a successful private practice on the upper east side of Manhattan, New York.

nwhealth.edu/conted/seminars/goldstan.html

Gold Standard Facial Acupuncture™

Certification Program

192+ Hours

**of Continuing Education
and Training**

The Wakefield Technique™

The certification program is one of the most comprehensive and advanced training programs available to professional acupuncturists. This unique two-year international training program includes three levels and eight individual modules.

The program features Mary Elizabeth Wakefield, L.Ac., M.S.M.M., American Association of Acupuncture and Oriental Medicine Educator of the Year.

LEVEL I BODY: THE SOMATIC LEVEL

Learn to address the body and its physical manifestations of imbalance. A grounded presence within the body fosters the capacity for learning, awareness, a sense of being present, and the ability to manifest what is required for survival and prosperity in the physical world. This grounding facilitates a smoother transition into the other levels.

MODULES 1 & 2 Constitutional Facial Acupuncture Renewal™

Module 1: Constitutional Facial Acupuncture Renewal Herbal Therapies & Essential Oils (new materials included)

April 13-15, 2012

9:30 a.m. – 6:30 p.m.

- The Wakefield Technique
- Chinese physiognomy
- Facial needling techniques using acu-muscle points; gold and silver needles
- Eight extraordinary meridians and kidney spirit points
- Dermatological syndromes and an essential oil Materia Medica
- Lifestyle recommendations
- Facial Renewal protocol, integrating Chinese herbs, essential oils and jade rollers

Module 2: Advanced Constitutional Facial Acupuncture Renewal Non-Needle Modalities (new materials included)

April 20-22, 2012

9:30 a.m. – 6:30 p.m.

- Skin aging: Chinese and Western medical models
- 24 facial motor points and usage

- Advanced needling techniques: Intradermals, scar therapy, and “wrapping around the bone”
- Five element pathology and constitutional points
- Micro-current, facial massage, sound therapy, LED and laser usage
- Facial “somato-emotional” exercises
- Physiognomy: Balancing the corpus callosum

NEW!

MODULES 3& 4 Constitutional Facial Acupuncture Archetypes™ – The Three Yangs And The Three Yins

Understand the archetypal nature of the six energies described in the Shang Han Lun and the Ling Shu. Learn how these patterns impact your patients’ constitution, physiognomy, general health, and attitude, behavior, and life choices. Motor, trigger and “ashi” points for both face and body, as well as protocols for root treatments and psycho spiritual issues are presented.

Module 3: The Three Yangs

Sept. 28-30, 2012

9:30 a.m. – 6:30 p.m.

- Definition of archetypes and overview of the six stages
- Comparison of motor, trigger and “ashi” points
- Charts: Taiyang, Shaoyang, Yangming
- Hormones and the eight extraordinary meridians for the three Yangs
- Root and psychospiritual support for each Yang stage
- Specific needling techniques for “ashi,” motor and trigger points

Module 4: The Three Yins

Oct. 5-7, 2012

9:30 a.m. – 6:30 p.m.

- Six stages of the Shang Han Lun and the three Yins – Taiyin, Shaoyin and Jueyin
- Archetypal qualities, personalities, emotional tendencies and sensitivity issues
- Hormones and the eight extraordinary meridians for the three Yins
- Face and body points for the three Yins: “ashi,” motor and trigger points, root treatments and psychospiritual points
- Integration of the six stages: usage and treatment

“This was one of the most profound courses that I have taken. Mary Elizabeth’s deep understanding of traditional Oriental Medicine and unique ability to translate ancient wisdom with modern approaches made this a riveting class. Her natural sense of humor and her respect for her students encouraged a positive, fun learning environment.” L.T., Dipl.OM, Los Ranchos, NM



NEW!

LEVEL II MIND: THE ALCHEMICAL LEVEL

Address the mind and psycho-emotional issues to encourage transformation of unhealthy belief systems. Intention and clarity are paramount when you view mind/body issues. New facial acupuncture protocols are introduced, emphasizing the transformational aspects of Chinese medicine and the ancient roots of Taoist philosophy.

MODULE 5 The Alchemy of Healthy Aging™- Sparking the Shen

April 26-28, 2013

9:30 a.m. – 6:30 p.m.

- The face: key to alchemical transformation
- Eastern and Western alchemy
- Physiognomy: The 13 Taoist positions of the face
- Alchemical eight extraordinary meridians and essential oils for master coupling points
- Facial acu-muscle points: cellular memory, intention and the three treasures
- Qi-gong: The six healing sounds

MODULE 6 The Alchemy of Healthy Aging™- Transforming the Shen

May 4-6, 2013

9:30 a.m. – 6:30 p.m.

- Transformational spirit points: 13 Gui, 12 Spirit, and Windows of the Sky points, and essential oils
- Kidney transport points: The Mu-Shu Tango
- Ba liao: Eight sacred seams
- Immortality treatment
- Alchemical initiation: Planetary ladder of ascent
- Microcosmic orbit breathing exercise



NEW!

LEVEL III SPIRIT: THE VIBRATION LEVEL

Learn to address the spirit using sound. Sound provides instantaneous healing; it is both gentle and powerful, especially when coupled with acupuncture needling. This combination stimulates a “vibro-electric” effect, which activates a heightened spiritual consciousness.

MODULE 7 The Resonant Face™

Oct. 11-13, 2013

9:30 a.m. – 6:30 p.m.

- Sound, resonance and tuning forks/the resonance of intention and memory
- The Third Ear: Why sound is effective for healing
- Contraindications and benefits for acu-sound treatments
- Specialized acu-sound techniques; integrating acupuncture needling and tuning forks
- The Resonant Face treatment protocol and syndromes
- The Three Treasures, gems and sacred geometry
- Sacred Mudra meditation: Sounding the Three Heaters
- The Five Element Resonant hara
- An integrated treatment protocol for The Resonant Face

MODULE 8 The Transcendent Face™

Oct. 18-20, 2013

9:30 a.m. – 6:30 p.m.

- Planetary myth and symbolism; five element planets of Chinese medicine
- The art of musical intervals
- Integrating planetary tuning forks with needles
- Planetary signatures and associated tuning fork combinations for the eight extraordinary meridians
- Five element planetary constitutional and facial treatments
- Five element planetary essential oils and guidelines for usage
- Vibrational somato-emotional release
- Empirical treatment for aging
- Treatment protocol for The Transcendent Face

REGISTRATION

TIME

9:30 a.m. – 6:30 p.m.

HOURS

192 NCCAOM PDAs and California CEs are pending. All other state or international CEs available upon request.

LOCATION

Northwestern Health Sciences University
2501 West 84th St.,
Bloomington, MN, 55431 USA

ACCOMMODATIONS

Hilton Minneapolis/Bloomington
3900 American Blvd. W., Bloomington, MN 55437
952-893-9500
Mention Northwestern for a discount.

PROGRAM INFORMATION

LEVEL I BODY: THE SOMATIC LEVEL

MODULES 1 & 2:

April 13-15 and April 20-22, 2012

MODULES 3 & 4:

Sept. 28-30 and Oct. 5-7, 2012

LEVEL II MIND: ALCHEMICAL LEVEL

MODULES 5 & 6:

April 26-28 and May 4-6, 2013

LEVEL III SPIRIT: VIBRATIONAL LEVEL

MODULES 7 & 8:

October 11-13; 18-20, 2013

Full Name _____

Address _____

City/State/Province _____

Country _____ Zip/Postal Code: _____ Email _____

Office phone _____ Cell _____ FAX _____

Details of acupuncture licensure (state/country, etc. and number): _____

TUITION & PAYMENT OPTIONS – Only those registering for the early bird rate have the option to pay by check, all others must pay by credit card.

- EARLY BIRD** – Through Feb. 10, 2012 – **USD \$6,000**
Register and pay in full by Feb. 10, 2012. Include a check or your credit card information with the registration form.
- PAYMENT PLAN I** – Feb. 11 - March, 2012 – **USD \$7,000** (Four installments of \$1,750)
Register between Feb. 11 - March 23, 2012. After registering, a payment plan contract will be sent to you with instructions. Credit card information is required with your registration.
- PAYMENT PLAN II** – After March 23, 2012 – **USD \$1,875** (Four installments of \$1,875)
Register after March 23, 2012. After registering, a payment plan contract will be sent to you with instructions. Credit card information is required with your registration.

Tuition Included with Registration: _____

PAYMENT

- Check payable to Northwestern Health Sciences University (“Early Bird” registrants only)
- Visa/MasterCard/Discover
Card Number _____ Exp. Date _____
Security Code (3 digit number on back) _____

- CANCELLATION AND REFUND POLICY:** A refund for canceling your registration will only be given in the event of force majeure, i.e., a death in your immediate family, serious personal illness, or other “acts of God.” *Check the box to indicate your agreement.*

CREDIT CARD REGISTRATION: Fax: 952-881-3028; Phone: 800-888-4777, x446

REGISTRATION FORM AND PAYMENT BY MAIL: Northwestern Health Sciences University, Continuing Education Department, 2501 West 84th St., Bloomington, MN 55431, USA.

QUESTIONS?

Registration: Northwestern Continuing Education, 800-888-4777 x 446 or jbell@nwhealth.edu

Course content/certification details: Chi-Akra Center, 866-841-9139 x 2444 or fagoldstandard@gmail.com

Gold Standard Facial Acupuncture™ Certification Program



Raises the bar and
sets the standard for
facial acupuncturists
worldwide.

BEGINS APRIL 2012

**"I look forward to sharing this work with my
clients to enhance the landscapes of each
one's face by addressing their entire body.
Multifaceted and fascinating . . ."**

S.K., R.Ac., Columbus, OH